# PLAY AT HOME

Ideas to keep you busy curated by the Kings County Recreation Team



#### **FREEZE DANCE**

Blast some of your favourite tunes and start dancing- but when the music stops, make sure you freeze! This can be played elimination style, OR just have one big dance party. Before you play, try to create your own playlist of the songs that make you boogie.

# **AT HOME DRIVE-IN**

Decorate cardboard boxes as cars, and pull into your living room to watch your favourite movie!



# LASER MAZE

Tape streamers onto the wall to make your own laser maze to move through! Careful if you knock them over.. the clean up alarm may sound.



## FORT MAKING

Grab bed sheets, blankets, pillows, anything else you can think of! Make your own fort to play in!

Forts are also great for movie nights, quiet time, story time or just to hang out in!

## **LEGO CONTEST**

Who can build the coolest thing? The tallest tower?

Who can clean up the pieces the quickest and put them away?



# **CHALK YOUR WALK**

Draw or write encouraging messages on your driveway or sidewalk with chalk. If you go for a walk, look for others from your neighbours!



#### CARD DECK CHALLENGE

Grab a deck of cards and assign an exercise to a suit! Do the number of exercises as the card says! For exercise ideas click here!

#### MINUTE TO WIN-IT GAMES

Nothing like some friendly competition to spark some fun! Play some minute to win it games- losers have to sweep?

Check out this website for family friendly games and ideas





## HOPSCOTCH AT HOME

Use painter's or masking tape to create your on hopscotch. Take it to the next level by making an obstacle course with it!



## LIP SYNC BATTLES

Practice your favourite song to belt, grab a costume and have a lip sync battle. It's best to be prepared with a few routines, costumes and special effects.

#### INDOOR BOWLING

Grab old milk cartons, water bottles, anything! Decorate them if yo'd like, then arrange them as bowling pins. Grab a soft ball or rolled up socks to be used as a bowling ball.





#### CAMOFLAGUE COUNTDOWN

Find a hiding spot and if the seeker (who cannot move) can't see you 30 seconds later, you're safe. The seeker turns around and counts from 25, you then have to tag the seeker and rehide. If you're safe again, the seeker counts down from 20.. 15.. 10.. 5.



## **MUSICAL CHAIRS**

Play some music, grab a chair when it stops!

Tip: scatter the chairs in the room for some extra steps.

## ANIMAL CHARADES

Pretend you're at the zoo! Point to someone and give them the challenge to act out a certain animal that you see!

Use this guide to help you out!





# TARGET TOSS

Put Sticky Notes on the wall and use it for target practice with bean bags or socks!



#### BACKYARD SCAVENGER HUNT

Head outside to see what you can find! Tip: save the items you find for another activity! Create your own scavenger hunt or find one online!

#### INDOOR CAMPING

Set up a tent in the living room, make your own fire and enjoy! If yo don't have a fireplace, try using a battery operated candle and make your own logs.

When in doubt, click here.

Note: roasting marshmellows with your tv, computer or tablet may not yield great results.





# NATURE CRAFT

Make a craft out of the items you find! Check out Arty Crafy Kids ideas here!



## **INDOOR HORSE**

Take some rolled up socks and a hamper and play a game of HORSE like on the playground! Tip: this works really well if there are hidden socks scattered over the house or in bedrooms that need to be cleaned up and put in a laundy hamper... Basic HORSE rules can be found here.

#### STICKY NOTE HUNT

Hide sticky notes throughout the house for the hunters to find! It can be A-Z, letters to unscramble or words to make a sentence/story!





## YOGA

Check out some of the great videos here!

Namaste!



#### SCIENCE EXPERIMENTS

Have you ever combined baking soda vinegar? How about making your own lava lamps? Now is the time! Check out some great ideas here.

#### TRY A NEW RECIPE

Bake or cook a new recipe! Tip: Safe some for tomorrow (if you can...).

Check out recipe ideas here!





# **TEA PARTY**

Have a tea party featuring your new baked good!

Grab your stuffy, video call a friend, family or other loved one and have a virtual tea party!

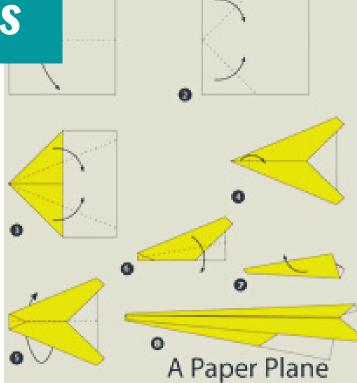


# **VIRTUAL TOURS**

The power of technology! Check out a virtual museum tour- maybe one will make your bucket list. Find some great tours here!

# PAPER AIRPLANES

Who can make the best paper airplane? How far can they go? Let us know how far your's went!





## SPA DAY

Whether it is a mani/pedi, face masks or relaxing bath time enjoy a family spa day at home.

## **SLIME TIME**

Make some slime together! There are lots of great recipes online to try! Click here for a great example.





## CARD TRICK

Learn a card trick- and if it doesn't work, play a few card games!

### BOOM

Use painters or masking tape to create a grid of squares. Draw out a few patterns on a piece of paper, players guess the pattern by moving! If they don't guess the pattern, they start again!





# KARAOKE

Sing your favourite tune from today or a blast from the past.

Tip: the less you care about how you sound, the more fun you'll have!